

PERSONAL VALUES

WE ALL VALUE SOMETHING. IT CAN BE AS SIMPLE AS A FAVORITE PAIR OF SHOES OR SOMETHING MORE IMPORTANT LIKE TIME WITH A GRANDPARENT ONCE A WEEK. WHEN IT COMES TO DATING, BEFORE YOU ENTER A RELATIONSHIP, IT'S CRUCIAL THAT YOU DECIDE WHAT'S IMPORTANT ENOUGH TO YOU THAT YOU AREN'T WILLING TO COMPROMISE—THINGS LIKE INVESTING IN OTHER FRIENDSHIPS, MAKING TIME TO STUDY, DATING SOMEONE WITH YOUR SAME FAITH OR "HOW FAR" YOU WILL OR WON'T GO SEXUALLY. KNOWING WHAT'S IMPORTANT TO YOU IS THE FIRST STEP TO HAVING THE BEST DATING EXPERIENCE POSSIBLE.

SO THINK ABOUT IT. WHAT'S IMPORTANT TO YOU? WHAT ARE THE RELATIONSHIPS IN YOUR LIFE THAT YOU VALUE NOW AND WANT TO CONTINUE TO VALUE WHEN YOU'RE DATING SOMEONE? WHAT ARE BOUNDARIES YOU WANT TO HAVE FOR THE PHYSICAL SIDE OF A RELATIONSHIP? WHAT ACTIVITIES AND INTERESTS DO YOU STILL WANT TO BE A PRIORITY EVEN WHEN YOU'RE IN A RELATIONSHIP? **MAKE A LIST BELOW UNDER EACH SECTION TO GET YOU STARTED:**

RELATIONSHIPS (OUTSIDE OF DATING, LIKE GOD, FRIENDS, FAMILY, ETC.):

DATING RELATIONSHIP (INCLUDING PHYSICAL CONTACT, WHAT YOU WILL AND WON'T DO):

SCHOOL (HOMEWORK, SPORTS, CLUBS, ETC.):

OTHER (MISSION TRIPS, CHURCH ACTIVITIES, HOBBIES, ETC.):

This is a great start! Now think of three people you can share your personal values with and ask them to pray for you and hold you accountable to your values. List the people below:

- 1.
- 2.
- 3.